

HARNESSING THE POWER OF MUSIC



Feng Shui Sprays by Music Essences™
Report by Tanya Fox FSSA

A year ago I was introduced to a range of spray essences which have been especially developed for Feng Shui work. I now use them regularly for earth healing, space clearing and general client work. Their creator, Katalin Kertész, explained to me about the sprays and the extraordinary discoveries that led to their development:



The Discovery

As both a professional violinist and crystal healing therapist, Katalin was aware of the links between the various notes of the musical scale and their direct relationships to the chakras (C – Base Chakra, D – Sacral Chakra, E – Solar Plexus, etc...). She wanted to understand whether the principle could be extended to whole pieces of music containing all the elements of complex structure, key and development, as opposed to just individual sound frequencies, especially given the inherently transient nature of music.



Katalin prepared an experimental rig consisting of a beaker of water and a quartz crystal. Using the properties of the crystal to direct and amplify chi energy she played a movement for solo violin by J.S.Bach. By repeating this process for a whole series of movements she sought to test her hypothesis that the water would retain a unique energetic imprint of the music, comparable to the production of a flower or gem essence.

Through meditative provings Katalin was able to establish that this was indeed the case. This successful result inspired the creation of music essences for all of Bach's solo violin music. Through refinement of the method and more exhaustive provings and testing by practitioners, kinesiologists and healers over a period of 3 years, sufficient data has now been amassed to establish a systematic approach to using the essences. This system correlates each essence with related chakras, elements, body organs, glands, astrological influences and more, and relates as a whole to principles of sacred geometry, Feng Shui, sacred space and energy flow models.

How the Sprays work

I asked Katalin to explain:

Q What inspired you to create the Feng Shui Sprays?

A "Having created the original *Music Essences* I decided to make them more easily accessible and usable for treatment of a space as well as people. I believe that environments have profound effects on people and I wanted to create a balanced and safe system to promote harmony.

Q I see that crystal essences and essential oils are included in each of the sprays. What is the function of adding these?

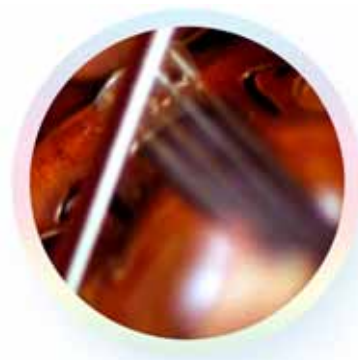
A 'The crystals are very stable and provide a solid anchor for the more etheric vibrations of the music. They also add light and colour. The scents of the oils help by grounding the finer vibrations of the essences, bringing them into the physical plane and refreshing the environment. I also found it supportive to introduce representatives from the plant and mineral kingdoms alongside the music. Each occupies a 'frequency band' of its own.

Q Do you consciously use thought when making the essences?

A "When making essences or in any healing work, the will of the mind and ego can easily interfere. We can only be certain not to stand in the way of the process by stepping outside of the mind and into the heart.

Q Do you mean this symbolically?

A “No. As human beings we literally have the ability to move our point of conscious awareness to wherever we choose. Within the sacred space of the heart we can operate within a world beyond polarity and judgement, and it is from here that true healing can be directed. Tapping into this state of being is the most fundamental aspect of my procedure for making music essences. It is about allowing the purity of Bach's music to speak, without adding interpretation or intention of human will. When I create the essences the musical performances don't feature in these essences directly, just the music itself, its structure and geometry, its beauty and integrity.



Q How do the sprays relate to the principles of Feng Shui?

A “There are 32 essences, each from a movement of Bach’s music for solo violin. I found that these relate to one another in complete cycles, and so could be linked to other whole systems that work in similar cycles, such as the I Ching and the cycles of the elements. The qualities evoked by the 9 essences used in the music sprays for Feng Shui correspond directly to the Bagua sectors and their respective elements. And on another level, they weave a path of transformation through the principles of yin and yang.

Katalin hopes these sprays will make accessible the joy that comes from realising the power of inner discovery: of peace, harmony and balance. The sprays act as a bridge between the stagnant energy, which holds so many people in patterns and behaviours from the past, and their true future potential, refreshing the energy in spaces and shifting levels of consciousness. These sprays have a perceptible and instant energetic effect, allowing those who work with them to enter higher levels of cosmic consciousness whilst retaining a balanced earth connection.

Using the Sprays

Over the last year I have been experimenting in my own work with the nine *Feng Shui Sprays*. Below are details of each spray, their ingredients and a keyword summary of suggested applications, as collated from research. To this I have added my own findings and tips for use in Feng Shui work.

Spray name/attributes	Ingredients	Keywords	My Findings
“Life Path” Bagua sector: 1 Trigram: ‘Kan’/Water	Music Essence No.1 “Individuality“ (J.S.Bach violin sonata no.1: i. 'Adagio', in G minor), gemstone essences of amethyst and lapis lazuli, essential oils of clary sage, lavender and sandalwood.	Discovering self, potential, setting plans, seeds for future, holding a vision	I discovered this is particularly effective for clients struggling to work out what their priorities are or trying to compose a 'wish-list'. I spray (with their permission) the area around them and it helps them to discover and express ideas and plans. Distinctive spicy aroma.
“Unconditional Love” Bagua sector: 2 Trigram: ‘Kun’/Earth	Music Essence No.24 “Unconditional Love“ (J.S.Bach violin sonata no.3: iii. 'Largo', in F major), gemstone essences of aventurine and rose quartz, essential oil of rose absolute.	Relationship with others and self, acceptance, opening the heart	A very useful spray for any situation where there is tension between people (families, relationships, workplaces etc). I use it regularly now for clients and meetings (I found it encourages harmony and respect and discourages 'one-upmanship'). I also use it to prepare rooms for entertaining and parties (helps people to mix). An interesting observation on this spray is that it is difficult to feel resentment or hatred when a room has been prepared with it. I have also used this spray successfully for spirit release in cases where smudging wasn't possible. Having located the spirit, I sprayed the space (first from a distance, then closer), with love and forgiveness, and I felt a real sense of release as the spirit appeared to float away. Sweet scent of rose - clients love it.

<p>“Roots” Bagua sector: 3 Trigram: ‘Zhen’/Earth</p>	<p>Music Essence No.22 “Mother Earth“ (J.S.Bach violin sonata no.3: i. 'Adagio', in C major), gemstone essence of black tourmaline, essential oils of cedarwood, chamomile and clary sage.</p>	<p>Foundation, resources, family heritage, home, clearing the past</p>	<p>Very grounding spray, gives a real sense of feet being connected to the earth. I spray it around myself whenever I lose focus. I also used it to prepare meeting rooms, to encourage focus and keeping to agendas.</p> <p>I discovered this to be an effective tool for healing Geopathic Stress. It seems to have a strong affinity with the earth and works both alone and in conjunction with other earth-healing tools.</p> <p>Rich, earthy scent with a herbal 'after-glow'.</p>
<p>“Angelic Blessings” Bagua sector: 4 Trigram: ‘Xun’/Wind</p>	<p>Music Essence No.13 “Angelic“ (J.S.Bach violin sonata no.2 i. 'Grave', in A minor), gemstone essences of blue-lace agate and celestite, essential oils of lavender, lemon and rose absolute.</p>	<p>Allowing blessings and abundance to come in, clearing a limiting mindset</p>	<p>Lovely feeling about it, very positive. The description says it all: it is about opening up to help and abundance. This is one of those essences I love using for clients who cite wealth as a top priority.</p> <p>Very refreshing, 'floral' aroma.</p>
<p>“Tai Chi” Bagua sector: 5</p>	<p>Music Essence No.25 “Strength“ (J.S.Bach violin sonata no.3: iv. 'Allegro assai', in C major), gemstone essence of red jasper, essential oils of lavender, orange and sandalwood.</p>	<p>Ability to stay centred, to cope with challenging influences, enhances strength and stamina</p>	<p>One I have found useful for myself - it helps me when I'm tired, stressed, feel like I've got too much to do. Helps with stamina on big jobs. Particularly good to spray it around myself when travelling with lots of luggage!</p> <p>Subtle aroma: clean, fresh, inspirational scent.</p>
<p>“Universal Helpers” Bagua sector: 6 Trigram: ‘Qian’/Heaven</p>	<p>Music Essence No.5 “Portal of Heavens“ (J.S.Bach violin partita no.1: i. 'Allemanda', in B minor), gemstone essences of goldstone and herkimer diamond, essential oils of clary sage, jasmine and lavender.</p>	<p>Opening up to new possibilities, spirituality, transcending the old, surrender to help</p>	<p>Very spiritual essence. I once prepared an exhibition hall with it to encourage visitors to look at the exhibits at a 'higher' level, i.e. not just walk past. Indeed, visitors spent considerable time on each piece and were very appreciative afterwards.</p> <p>A joyful, refreshing scent. Uplifting.</p>
<p>“Creative Flow” Bagua sector: 7 Trigram: ‘Dui’/Lake</p>	<p>Music Essence No.17 “Energy Flow“ (J.S.Bach violin partita no.2: i. 'Allemanda', in D minor), gemstone essences of carnelian & rose quartz, essential oils of juniper, mandarine and ylang ylang.</p>	<p>Supports free expression, creativity, playfulness, fun</p>	<p>Another essence I've found useful for myself. For example when becoming tired on a consultation, I spray it around myself and it helps energise me. Also found it helps with hormonal imbalances.</p> <p>Sweet, fruity, herby scent.</p>
<p>“Sanctuary” Bagua sector: 8 Trigram: ‘Gen’/Mountain</p>	<p>Music Essence No.15 “Angelic Protection“ (J.S.Bach violin sonata no.2: iii. 'Andante', in C major), gemstone essences of black tourmaline and blue-lace agate, essential oils of clary sage, lavender and rose absolute.</p>	<p>Creating a safe space for meditation, reflection and retreat</p>	<p>Good to spray clients' homes with this if they've been through a difficult time. Very calming feel about it, good for living rooms and relaxation areas after a stressful day. Helps with feeling safe during meditation.</p> <p>I also spray this after space clearing when asking for protection for the house.</p> <p>Subtle, sweet scent. Warm.</p>

<p>“Enlightenment” Bagua sector: 9 Trigram: ‘Kan’/Water</p>	<p>Music Essence No.26 “Solar“ (J.S.Bach violin partita no.3: i. 'Preludio', in E major), gemstone essence of amber and citrine, essential oils of chamomile, ginger and lemon.</p>	<p>Self- confidence, power, integrity, passion, joy, fulfillment</p>	<p>Seems to connect strongly with the solar plexus, and emotions.</p> <p>Good for clients who are shy, holding back or lacking confidence.</p> <p>Bright, spicy scent.</p>
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Space Clearing using the sprays in sequence

One of the best uses I have found for the sprays is in space clearing. I often have clients who want to have their place 'space cleared' but don't want the extra cost of a full space clearing ceremony. In these cases I now offer a 'mini space-clear'. This involves applying each spray in sequence to each part of the building, much as you would if smudging. It leaves the space revitalised, and clients have been very appreciative, commenting not only on the aromas but also on the change to the energy of the space.

I also now regularly use the sprays in sequence to prepare rooms for workshops or to prepare stands at fairs.



For more details about Feng Shui Sprays and Music Essences™, or to order the sprays, please visit www.musicessences.com or call 01749 860120. The complete set of sprays is available for £99 inc.VAT. The sprays are also available individually for £12.95 each inc.VAT (postage at cost).